

RCAL SOURCES OF STUDY

STATE EXAMINATION

The State exam is currently drawn from the long term care facility regulations & licensure laws pertaining to licensed residential care and assisted living facilities, as well as the Board's regulations and law. The current laws and regulations are not available in hard copy, but can be viewed/printed from the below websites:

The pertinent regulations to review are as follows:

- Licensure Regulation Manual (long term care facility laws and regulations) can be downloaded at: <http://health.mo.gov/seniors/nursinghomes/pdf/LicensureRegulationsManual.pdf>
- Board of Nursing Home Administrator laws and regulations – <http://health.mo.gov/bnha/statutesregs.php>

State Examination Review Course Online

Sponsored by: Missouri Association of Nursing Home Administrators

Register at www.mlnha.org. Click on the link *Staff Development Solutions for Long Term Care E-Learning* and then click on *Administrator State/National Study Course*. Select and pay for the course, "Administrator RCAL State Study Course."

FEDERAL/NAB EXAMINATION

Federal Review Course Online

Sponsored by: Missouri Association of Nursing Home Administrators

Register at www.mlnha.org. Click on the link *Staff Development Solutions for Long Term Care E-Learning* and then click on *Administrator State/National Study Course*. Select and pay for the course "ADL National RCAL Study Course."

Additional study guides are available from NAB and are listed in the booklet [RCAL Information For Candidates Handbook](#) (PDF Format) (or go to www.nabweb.org and click on "Examinations"). The publications are listed on page 16 and can be purchased online at www.nabweb.org under the Publications link.

NOW AVAILABLE! [Register to take Residential Care/Assisted Living Administrator Practice Exam](#) - The NHA Practice exam simulates the actual examination experience. This 75 item exam is constructed from exam items that have been written by NAB item writers. The time allocation and exam specifications mirror the actual licensure exam experience. However, no items on the exam will ever appear on an actual licensure examination. Go to www.nabweb.org and click on "Examinations."